



FINAL ANNOUNCEMENT

11th Annual Meeting of IOSSMA 2023

**Sports Medicine And Arthroscopy Practice :
Comprehensive Approach**



 **20 – 23 September 2023**

**The Westin &
Four Points Hotel
Pakuwon Indah
Surabaya**



11th Annual Meeting of IOSSMA 2023

Sports Medicine And Arthroscopy Practice : Comprehensive Approach

GREETINGS FROM CHAIRMAN



We cordially invite you to the 11th IOSSMA Annual Meeting 2023 in Surabaya. The meeting will be held from September 20th – 23rd, 2023 at Westin and Four Points Hotel, Pakuwon Indah, Surabaya, East Java is the second most populated city in Indonesia.

The topic, "Sports Medicine and Arthroscopy Practice : Comprehensive Approach". Through these 4 days of events, we will share and discuss the latest knowledge, surgical techniques, and approach for the comprehensive management of sports injuries and athletes.

Well known as the city of heroes. Surabaya is a city of trade with various local dishes, traditional and attractive entertainment, memorable historical places, and popular scenery nearby.

You are a vital part of the 11th IOSSMA Annual Meeting! We hope you will mark your calendar and plan to participate in the international IOSSMA Annual Meeting in Surabaya.

Taufin Warindra, MD, PhD



20 – 23 September 2023

The Westin & Four Points Hotel
Pakuwon Indah, Surabaya





11th Annual Meeting of IOSSMA 2023

Sports Medicine And Arthroscopy Practice : Comprehensive Approach

GREETINGS FROM PRESIDENT OF IOSSMA



Dear friends & colleagues,

Assalamualaikum warahmatullahi wabaraktuh,

Salam sejahtera, om swastiastu , namu budaya, salam kebajikan.

We cordially invite you to The 11th annual meeting of IOSSMA with the theme “Sports Medicine and Arthroscopy Practice: Comprehensive Approach” on September 20th – 23rd, 2023 in The Westin & Four Points Hotel Pakuwon Indah Surabaya, Indonesia.

This meeting will provide various innovations and cutting-edge surgical techniques as well as approaches from national and international expert speakers. They will share experiences, knowledge, new techniques, and advanced technique of arthroscopic surgery in the management of sports injuries.

The event will be served in various educational programs such as lectures, symposia, workshops, and poster presentations.

We sincerely welcome you for attending the IOSSMA meeting while exploring Surabaya, an astonishing destination with great weather, scenery, beverages, and culture. Until we meet on September 2023 in Surabaya. Best regard from us.

Ghuna A. Utoyo, MD



20 – 23 September 2023

The Westin & Four Points Hotel
Pakuwon Indah, Surabaya





11th Annual Meeting of IOSMA 2023

Sports Medicine And Arthroscopy Practice : Comprehensive Approach

COMMITTEE

PATRON

Prof. Errol U. Hutagalung, MD, PhD

Prof. Putu Astawa, MD, PhD

Prof. Idrus Andi Paturusi, MD, PhD

Dohar A. L Tobing, MD

Prof. Ismail H. D, MD, PhD

PRESIDENT IOSMA 2022-2025

Ghuna A. Utoyo, MD

CHAIRMAN

Taufin Warindra, MD, PhD

VICE CHAIRMAN

Gede Chandra PY, MD

SECRETARY

Essy Dwi Damayanthi, MD

TREASURE

Nadia Nastassia P.P.S Ifran, MD

SCIENTIFIC

Coordinator

Andri M.T Lubis, MD, PhD

Vice Coordinator

Erick Wonggokusuma, MD

Member

Bobby N. Nelwan, MD, PhD

Erica Kholinne, MD, PhD

Jefri Sukmawan, MD

Renaldi Prasetia N. Rasyid, MD

Troydimas Panjaitan, MD

Romy Deviandri, MD

Sumpada Priambudi, MD

Aldo Fransiskus, MD



20 – 23 September 2023

The Westin & Four Points Hotel
Pakuwon Indah, Surabaya





11th Annual Meeting of IOSSMA 2023

Sports Medicine And Arthroscopy Practice : Comprehensive Approach

FUNDRAISER

Coordinator

Isa An Nagib, MD

Vice Coordinator

Henry Suhendra, MD

Member

Lia Marlina, MD

Andi Nusawarta, MD

M. Alvin S. Pohan, MD

WORKSHOP

Coordinator

Ronny Sutanto, MD

Vice Coordinator

Petrasama, MD

Member

Hanif Fahmat, MD,

Wahyu Riansyah, MD

Ronald, MD

Adisa Yusuf, MD,

Only One Taylor, MD

Erwin Yulianto, MD



20 – 23 September 2023

The Westin & Four Points Hotel
Pakuwon Indah, Surabaya





11th Annual Meeting of IOSSMA 2023

Sports Medicine And Arthroscopy Practice : Comprehensive Approach

GENERAL INFORMATION

Theme : **Sports Medicine and Arthroscopy Practice: Comprehensive Approach**
Date : September 20th – 23rd, 2023
Venue : The Westin & Fourpoints Hotel Pakuwon Indah Surabaya

SECRETARIAT

ORGANIZER

INDONESIAN ORTHOPAEDIC SOCIETY FOR SPORTS MEDICINE AND ARTHROSCOPY (IOSSMA)

Gedung Menara Era, 8th Floor, Unit 8-04
Jl. Senen Raya No. 135 – 137, Senen – Jakarta Pusat 10410
Email : iOSSMA2023@gmail.com

CO-ORGANIZER

PT GPD Indonesia Pro

Jl. Kebalen V No.24A, Kebayoran Baru, Jakarta 12180 Phone : 021-725 4424 / 722 9339 , Fax : 021-739 6261
Contact Person : Desta (08111 332664 / 08111 662664 / 0818 920664)
Email : iOSSMA2023@gmail.com

Payment By

Bank Name : BTPN Branch Menara BTPN Jakarta
Account Number : 0537 3 004581
Account Name : IOSSMA
Swift Code : SUNIIDJA



20 – 23 September 2023

The Westin & Four Points Hotel
Pakuwon Indah, Surabaya



11th Annual Meeting of IOSMA 2023

Sports Medicine And Arthroscopy Practice : Comprehensive Approach

FACULTY MEMBERS

INTERNATIONAL FACULTIES

Prof. Bancha Chernchujit, MD - THAILAND
Datuk Dr. Mohd Asri Bin Ghapar – MALAYSIA
Prof. Denny Lie Tjiauw Tjoen, MD - SINGAPORE
Enrique Leonardo C. Passion, MD - PHILIPPINE
Prof. Jin-Young Park, MD, PhD - KOREA
Prof. Nobuo Adachi, MD, PhD – JAPAN
Prof. Sang-Jin Shin - KOREA
James Stannard, MD – USA
Tang Ha Nam Anh, MD - VIETNAM



20 – 23 September 2023

The Westin & Four Points Hotel
Pakuwon Indah, Surabaya





11th Annual Meeting of IOSMA 2023

Sports Medicine And Arthroscopy Practice : Comprehensive Approach

NATIONAL FACULTIES

Adisa Yusuf Reksoprodjo, MD
Aldo Fransiskus Marsetio, MD
Alvin Da Costa, MD
Andre Triadi Desnanyo, MD
Andri M.T Lubis, MD, PhD
Ariyanto Arief, MD
Arrisna Artha, MD
Astuti Pitarini, MD
Bambang Purwanto, MD
Bobby N. Nelwan, MD, PhD
Damayanti Tinduh, MD, PhD
Djuniper Hasudungan Sagala, MD
Dohar A.L Tobing, MD
Charles Hoo, MD
Erica Kholinne, MD, PhD
Erick Wonggokusuma, MD
Essy Dwi Damayanti, MD
Evan, MD
Fahroni Cahyono Winata, MD
Ghuna A. Utoyo, MD
Husnul Fuad Albar, MD
Gede Chandra Purnama Yudha, MD
IGM Febry Siswanto, MD
IGN Wien Aryana, MD
Ihsan Oesman, MD

NATIONAL FACULTIES

Iman Widya Aminata, MD
Isa An Nagib, MD
Jafri Hasan, MD
Jefri Sukmawan, MD
John CH.P. Butarbutar, MD, PhD
Lia Marliana, MD
Ludwig Andre Pontoh, MD, PhD
Muhammad Sakti, MD, PhD
Nadia Nastassia P.P.S Ifran, MD
Paulus Rahardjo, MD
Peter Giarso, MD
Petrasama, MD
Prof. Dwikora Novembri Utomo, MD, PhD
Prof. I Putu Alit Pawana, MD, PhD
Prof. Idrus A. Paturusi, MD, PhD
Prof. Putu Astawa, MD, PhD
R. Permana Yudhadibrata, MD
Rangga Rawung Valentino, MD
Renaldi Prasetya H. N. Rasyid, MD
Ronny Sutanto, MD
Rosy Setiawati, MD, PhD
Sapto Adji H, MD
Sumpada Priambudi, MD
Taufin Warindra, MD, PhD
Teddy Heri Wardhana, MD
Troydimas Panjaitan, MD
Wahyu Riansyah, MD
Yanuarso, MD
Yoshi Pratama Djaja, MD
Yudistira P. Siregar, MD



20 – 23 September 2023

The Westin & Four Points Hotel
Pakuwon Indah, Surabaya



11th Annual Meeting of IOSSMA 2023

Sports Medicine And Arthroscopy Practice : Comprehensive Approach

PROGRAM AT GLANCE

EVENT CALENDAR

Date : September 20th – 21st, 2023

Venue : Anatomy Laboratory (ASAD-C Building) Campus A , Medical Faculty Airlangga University

DATES	AGENDA
Wednesday, September 20 th 2023	Shoulder Cadaveric Workshop
Thursday, September 21 st 2023	Knee Cadaveric Workshop
Thursday, September 21 st 2023	Knee Injection Workshop

Date : September 21st – 23rd, 2023

Venue : The Westin & Four Point Points Hotel Pakuwon Indah, Surabaya

DATES	AGENDA
Thursday, September 21 st 2023	Sport & Health Science
Friday, September 22 nd 2023	Symposium
Saturday, September 23 rd 2023	Symposium



20 – 23 September 2023

The Westin & Four Points Hotel
Pakuwon Indah, Surabaya






11th Annual Meeting of IOSSMA 2023

Sports Medicine And Arthroscopy Practice : Comprehensive Approach

CADAVERIC WORKSHOP

ONLINE PRE COURSE LECTURE		
Zoom Meeting Wednesday, September 13 th , 2023 		
Time	Program	Instructor
09.00 - 09.30	Preparation	
09.30 - 09.50	Registration	
09.50 - 10.00	Welcome Speech of Chairman	Taufin Warindra, MD, PhD
10.00 - 12.00	Shoulder basic arthroscopy set up and Bankart repair	Iman W. Aminata, MD
12.00 - 14.00	Knee Arthroscopy : How to do ACL Reconstruction	Jafri Hasan, MD
14.00 - 15.00	Knee Injection : How to do it	Essy Dwi Damayanti, MD
15.00 - Finish	Closing	

SHOULDER CADAVERIC WORKSHOP		
Anatomy Laboratory (ASAD-C Building) Campus A , Medical Faculty Airlangga University Wednesday , September 20 th , 2023		
Time	Program	Instructor
07.00 - 08.00	Transportation from Hotel to Venue Workshop	
08.00 - 08.45	Registration	
08.45 - 09.00	Briefing and Preparation	
09.00 - 09.10	Welcome Speech Chairman & Course Director	
09.10 - 12.30	Shoulder Workshop Group 1 (6 Cadaver)	Permana Yudhadibrata, MD
	- Diagnostic Setup	Didi Hertanto, MD
	- Subacromial Decompression	Ida Ayu Ratna Dewi Arrisna Artha, MD
	- Bankart Repair	Ronny Sutanto, MD
12.30 - 13.30	ISHOMA	Gede Chandra Purnama Yudha, MD
13.30 - 17.00	Shoulder Workshop Group 2 (6 Cadaver)	Hanif Fahmat, MD
	- Diagnostic Setup	
	- Subacromial Decompression	
	- Bankart Repair	
17.00	Finish Day 1 Workshop	



20 – 23 September 2023

The Westin & Four Points Hotel
Pakuwon Indah, Surabaya





11th Annual Meeting of IOSMA 2023

Sports Medicine And Arthroscopy Practice : Comprehensive Approach

KNEE INJECTION WORKSHOP		
Anatomy Laboratory (ASAD-C Building) Campus A , Medical Faculty Airlangga University Thursday, September 21 st , 2023		
Time	Program	Instructor
06.00 - 06.30	Transportation from Hotel to Venue Workshop	
06.30 - 06.45	Registration Knee Injection Workshop	Ronald Vinantius Munthe, MD
06.45 - 07.00	Briefing and Preparation	Erwin Yulianto, MD
07.00 - 07.10	Welcome Speech Chairman & Course Director	Petrasama, MD
07.10 - 08.10	Knee Injection Workshop Group 1	Only One Taylor, MD
08.10 - 09.00	Knee Injection Workshop Group 2	Adisa Yusuf Reksoprodjo, MD
09.00	Finish Knee Injection Workshop	Essy Dwi Damayanthi, MD

KNEE CADAVERIC WORKSHOP		
Anatomy Laboratory (ASAD-C Building) Campus A , Medical Faculty Airlangga University Thursday, September 21 st , 2023		
Time	Program	Instructor
07.00 - 08.30	Transportation from Hotel to Venue Workshop	
08.30 - 08.45	Registration Knee Cadaveric Workshop	
08.45 - 09.10	Briefing and Preparation	
09.10 - 09.20	Welcome Speech Chairman & Course Director	
09.20 - 12.10	Knee Cadaveric Workshop Group 1 - Diagnostic - Debridement - ACL Reconstruction	I Wayan Murjana, MD Nadia Nastassia Ifran, MD Meiky Fredianto, MD Wahyu Riansyah, MD
12.10 - 13.30	ISHOMA	Alvin Danio Harta Da Costa, MD
13.30 - 17.00	Knee Cadaveric Workshop Group 2 - Diagnostic - Debridement - ACL Reconstruction	Muhammad Pramana Khalilul Harmi, MD
17.00	Finish Day 2 Workshop	



20 – 23 September 2023

The Westin & Four Points Hotel
Pakuwon Indah, Surabaya





11th Annual Meeting of IOSSMA 2023

Sports Medicine And Arthroscopy Practice : Comprehensive Approach

11th ANNUAL MEETING OF IOSSMA

Day 1, 22nd September 2023 The Westin & Four Points Pakuwon, Surabaya, Indonesia

TIME	BALLROOM 1	BALLROOM 2
07.00 - 16.00	REGISTRATION	
08.00 - 09.05	PLENARY SESSION 1 General Sports Medicine Chairman: Gede Chandra Purnama Yudha Co-Chairman: Alvin Da Costa	
08.00 - 08.05	Safety Briefing	
08.05 - 08.15	Secretome for Cartilage Problem: is the Current State Enough? <i>Speaker: Dwikora Novembri Utomo</i>	
08.15 - 08.25	Exercise Screening and Testing after Sports Injury <i>Speaker: Bambang Purwanto</i>	
08.25 - 08.35	Current Concepts and Phases of Sports Injury Rehabilitation <i>Speaker: Damayanti Tinduh</i>	
08.35 - 08.45	Role of Musculoskeletal Radiology in Modern Sports Medicine <i>Speaker: Paulus Rahardjo</i>	
08.45 - 08.55	Dynamics of a Medical Team <i>Speaker: Enrique Leonardo C. Passion</i>	
08.55 - 09.05	Q & A	
09.05 - 10.00	OPENING CEREMONY	
09.05 - 09.10	MC Opening • Indonesian National Anthem (Indonesia Raya)	
09.10 - 09.20	Highlights of Congress Programme <i>Taufin Warindra</i>	
09.20 - 09.30	President Address & Introducing Guest Speaker <i>Ghuna A. Utoyo</i>	
09.30 - 09.40	IOA address <i>Ismail Hadisoebroto Dilogo</i>	
(15 menit)	KONI pusat (tba)	
09.40 - 09.45	Congress Opening (Gong)	
09.45 - 09.50	Traditional Welcome Dance	
09.50 - 09.55	Photo Group Session	
09.55 - 10.20	Special Guest Lecture <i>Chairman: Putu Astawa</i>	
09.55 - 10.15	Posteromedial Corner Injuries: Assessment and Treatment <i>Speaker: James Stannard (USA)</i>	
10.15 - 10.20	Q & A	
10.20 - 10.35	Morning Tea & Exhibition Visit	
10.35 - 11.45	PLENARY SESSION 2 Knee - ACL Chairman: Lia Marlina Co-Chairman: Sumpada Priambudi	
10.35 - 10.47	Approaching Residual Rotatory Instability of the Knee after ACL Reconstruction: Clinical Efficacy VS Risk of Kinematic Restraint <i>Speaker: Ludwig Andre Pontoh</i>	
10.47 - 10.59	ACL Revision Surgery: Tips and Tricks <i>Speaker: Sapto Adji</i>	
10.59 - 11.11	My Results with All Inside ACL Reconstruction <i>Speaker: Bancha Chernchujit</i>	
11.11 - 11.23	ACL Repair: My Technique <i>Speaker: Tang Ha Nam Anh</i>	
11.23 - 11.35	Management of ACL Avulsion Injuries <i>Speaker: IGN Wien Aryana</i>	
11.35 - 11.45	Q & A	
11.45 - 12.00	Ethics in Orthopaedic Sports Injury <i>Moderator: Idrus A. Paturusi</i>	
	Etika Media Sosial <i>Speaker: Dohar A.L. Tobing</i>	
12.00 - 12.45	FRIDAY PRAYER	
12.45 - 13.15	LUNCH SYMPOSIA	



20 – 23 September 2023

The Westin & Four Points Hotel
Pakuwon Indah, Surabaya





11th Annual Meeting of IOSMA 2023

Sports Medicine And Arthroscopy Practice : Comprehensive Approach

Day 1, 22nd September 2023 The Westin & Four Points Pakuwon, Surabaya, Indonesia

TIME	BALLROOM 1	BALLROOM 2
13:15 - 13:30	EXHIBITION VISIT	
13:30 - 14:25	SYMPOSIUM 1 Hip Chairman: Sapto Adji Co-Chairman: Jafri Hasan	SYMPOSIUM 2 Foot and Ankle Chairman: IGM Febry Siswanto Co-Chairman: Djuniper Hasudungan Sagala
13:30 - 13:42	Role of Hip Arthroscopy in Patients With Osteoarthritis Speaker: Ariyanto Arief	Syndesmosis Injuries in Athletes: Moving toward Aggressive Treatment and Rehabilitation Speaker: James Stannard
13:42 - 13:54	Femoroacetabular Impingement: Pathomechanics and Management Speaker: Yoshi Pratama Djaja	Plantar Fasciitis Speaker: Andre Triadi Desnantyo
13:54 - 14:06	Os Acetabuli: Principles of Management and Correlation with FAI Speaker: Yoshi Pratama Djaja	Dislocation of Peroneal Tendon Speaker: Evan
14:06 - 14:18	Problems in Rotator Cuff of the Hip Speaker: Adisa Yusuf Reksoprodjo	Arthroscopic Ankle Ligament Instabilities Repair Speaker: Astuti Pitarini
14:18 - 14:25	Q & A	Q & A
14:25 - 14:55	CLINICAL CASE PANEL Knee - Multiligament Injuries Case Presenter/ Moderator: Ghuna A. Utoyo Panelists: - James Stannard - Nobuo Adachi - IGM Febry Siswanto - Andri Lubis	CLINICAL CASE PANEL Shoulder - Failed Rotator Cuff Repair Case Presenter/ Moderator: Erick Wonggokusuma Panelists: - Sang Jin Shin - Bancha Chernchujit - Tjiauw-Tjoen Denny Lie - Gede Chandra - Iman W. Aminata
	Afternoon Tea & Exhibition Visit	
15:10 - 16:10	DEBATE SESSION 1 Knee Chairman: Taufin Warindra	DEBATE SESSION 2 Shoulder Chairman: Erica Kholinne
15:10 - 15:20	ACL Rupture + Laxity: Reconstruction with Internal Bracing Speaker: Ghuna Utoyo	Recurrent Shoulder Instability: Bankart + Remplissage Speaker: Iman W. Aminata
15:20 - 15:30	ACL Rupture + Laxity: Reconstruction without Internal Bracing Speaker: Asri B Abd Ghapar	Recurrent Shoulder Instability: Bony Procedure Speaker: Sang Jin Shin
15:30 - 15:40	Rebuttal, Q&A	Rebuttal, Q&A
15:40 - 15:50	PCL Avulsion Fixation: Open Approach Speaker: IGN Wien Aryana	Massive Rotator Cuff Tear: Superior Capsular Reconstruction Speaker: Tang Ha Nam Anh
15:50 - 16:00	PCL Avulsion Fixation: All Arthroscopic Speaker: Bancha Chernchujit	Massive Rotator Cuff Tear: Partial repair Speaker: Tjiauw-Tjoen Denny Lie
16:00 - 16:10	Rebuttal, Q&A	Rebuttal, Q&A
16:10 - 17:10	SYMPOSIUM 3 Knee - Meniscus Chairman: Nadia Nastassia P.P.S. Ifran Co-Chairman: Husnul Fuad Albar	SYMPOSIUM 4 Shoulder - Instability Chairman: Jefri Sukmawan Co-Chairman: Erick Wonggokusuma
16:10 - 16:22	Meniscus Function and Injury: the Evolution of Care toward Repair or Replacement rather than Resection Speaker: James Stannard	What is the Critical Glenoid Bone Loss that Leads to Instability after Arthroscopic Bankart Repair? Speaker: Sang Jin Shin
16:22 - 16:34	Bucket-Handle Meniscus Tear Management with Meniscectomy Versus Repair Speaker: Muhammad Sakti	Small Bony Bankart Lesion: How can We Manage? Speaker: Jin-Young Park
16:34 - 16:46	Meniscal RAMP Lesions: Does a Routine Repair Necessary? Speaker: Peter Giarso	Posterior Instability of the Shoulder Speaker: Mohd Asri B Abd Ghapar
16:46 - 16:58	Update on Medial Meniscus Root Tear Speaker: John C.H.P. Butar Butar	Classic Versus Congruent-Arc Latarjet Procedures Speaker: Renaldi P.H. Nagar Rasyid
16:58 - 17:10	Q & A	Q & A
19:00 - 22:00	GALA DINNER	



20 - 23 September 2023

The Westin & Four Points Hotel
Pakuwon Indah, Surabaya





11th Annual Meeting of IOSSMA 2023

Sports Medicine And Arthroscopy Practice : Comprehensive Approach

Day 2, 23rd September 2023 The Westin & Four Points Pakuwon, Surabaya, Indonesia

TIME	BALLROOM 1	BALLROOM 2	FOYER
08.00 - 09.25	SYMPOSIUM 5 Knee - Patellofemoral Chairman: Isa An Nagib Co-Chairman: Wahyu Riansyah	SYMPOSIUM 6 Shoulder - Rotator Cuff Chairman: Andri MT Lubis Co-Chairman: Renaldi P.H. Nagar Rasyid	Poster Presentation PIC: Nadia Nastassia P.P.S. Ifran Jury: Dohar A.L. Tobing
08.00 - 08.15	Diagnosis and Treatment of Patella Instability Speaker: Nobuo Adachi	History of Rotator Cuff Repair: from Open to Arthroscopic Biceps Rerouting Speaker: Jin-Young Park	
08.15 - 08.30	MPFL Reconstruction: Basic Science Evidence, Surgical Techniques and Clinical Outcomes Speaker: Tjiaww-Tjoen Denny Lie	Musculotendinous Junction Tears: the Sliding Tendon Technique and Clinical Outcomes Speaker: Arrisna Artha	
08.30 - 08.45	Patellofemoral Complications during the Pandemic: Case based Speaker: Enrique Leonardo C. Passion	Superior Capsular Reconstruction for Massive Rotator Cuff Tear Speaker: Sumpada Priambudi	
08.45 - 09.00	Patella Instability: Tunneless MPFL Reconstruction Speaker: Bancha Chernchujit	My 10 Tips Getting It Perfect Arthroscopic Repairing Large to Massive Rotator Cuff Tear Speaker: Sang-Jin Shin	
09.00 - 09.15	Trochlear Dysplasia Speaker: Essy Dwi Damayanti	Retear after Rotator Cuff Repair: How to Prevent and Overcome Speaker: Erick Wonggokusuma	
09.15 - 09.25	Q & A	Q & A	
09.25 - 10.23	SYMPOSIUM 7 Knee - Others Chairman: Bobby N. Nelwan Co-Chairman: Andi Nusawarta	SYMPOSIUM 8 Elbow Chairman: Troydimas Panjaitan Co-Chairman: Ronny Sutanto	
09.25 - 09.37	Management of PCL Speaker: dr. Charles Hoo	Arthroscopic Management for Stiff Elbow Speaker: Erica Kholinne	
09.37 - 09.49	Knee Multiligament Injury: One Stage Reconstruction with Artificial Ligament Speaker: Tang Ha Nam Anh	Elbow Arthroscopy Speaker: Teddy Wardhana	
09.49 - 10.01	Diagnosis and Treatment of Osteochondritis Dissecans of the Knee Speaker: Nobuo Adachi	Distal Triceps Tendon Injury Speaker: Erica Kholinne	
10.01 - 10.13	High Tibial Osteotomy in Sports Cases Speaker: Rangga Rawung Valentino	Advanced Elbow Arthroscopy Speaker: Jin-Young Park	
10.13 - 10.23	Q & A	Q & A	
10.23 - 10.35	Morning Tea & Exhibition Visit		
10.35 - 12.05	PLENARY SESSION 3 LIVE SURGERY SHOULDER BANKART + REMPLISSAGE / ROTATOR CUFF Chairman: Tjiaww-Tjoen Denny Lie		
12.05 - 12.35	LUNCH SYMPOSIA by Novell Pharmaceutical Laboratories		
12.35 - 13.00	EXHIBITION VISIT		
13.00 - 13.58	SYMPOSIUM 9 Radiologi-Rehab Chairman: Yulistira Parulian Siregar Co-Chairman: Fahrani Cahyono Winata	SYMPOSIUM 10 Pain & Regenerative Medicine Chairman: Yanuarso Co-Chairman: R. Permana Yudhadibrata	Podium Presentation PIC: Muhammad Sakti Jury: Putu Astawa
13.00 - 13.12	Patello-Femoral Radiology: Is Trochlear Dysplasia Truly Uncommon in Asian Patients with Dislocation? Speaker: Tjiaww-Tjoen Denny Lie	Strategies for Cartilage Repair and Regeneration Speaker: Nobuo Adachi	
13.12 - 13.24	Arthrography for Sports Injuries Speaker: Rosy Setiawati	Biologic in Orthopaedics Speaker: Mohd Asri B Abd Ghapar	
13.24 - 13.36	The Importance of Preoperative Rehabilitation in Knee Ligament Reconstruction Surgery Speaker: I Putu Alit Pawana	Role of Biologic Treatment for Tendinopathy in Sports Injury Speaker: Ihsan Oesman	
13.36 - 13.48	Return to Sports after Rotator Cuff Repair Speaker: Aldo Fransiskus Marsetio	Pain Management and Lower Extremity Blocks for Sports Surgeon Speaker: Petrasama	
13.48 - 13.58	Q & A	Q & A	
14.10 - 14.30	Afternoon Tea & Exhibition Visit		
14.30 - 16.00	PLENARY SESSION 4 LIVE SURGERY KNEE ACL ALL INSIDE + LET Chairman: Bancha Chernchujit		
16.00 - 16.15	Closing Ceremony		



20 – 23 September 2023

The Westin & Four Points Hotel
Pakuwon Indah, Surabaya





11th Annual Meeting of IOSSMA 2023

Sports Medicine And Arthroscopy Practice : Comprehensive Approach

ABSTRACT SUBMISSION GUIDELINES

Call for Abstracts

The 11th Annual Meeting of IOSSMA 2023 Indonesian Orthopedic Society for Sports Medicine and Arthroscopy “Sports Medicine and Arthroscopy Practice: Comprehensive Approach”, will be held in Surabaya, Indonesia on September 20th – 23rd 2023. The type of study can be ranging from a case report to an original article which can cover the either basic or clinical field in orthopedic sports surgery or sports medicine. The abstract can be submitted starting from March 10th, 2023. Please follow the instructions for submitting the abstract below.

Announcement of Accepted Abstract

The accepted abstract will be announced on September 1st, 2023. The presenting author will be notified by email. Please note that the confirmation email will not be sent to the co-author(s).

Accepted abstracts will be published as supplementary materials in the Orthopaedic Journal of Sports Medicine. Please inform the committee if the author does not consent to publication.

Format of Presentation

- E-Poster
- Oral Presentation

Preparation of Abstracts

- Language

The abstract must be written and presented in English. Careful typing and proofreading are essential. Errors, misspellings, incorrect hyphenation and deviations from the use of correct English cannot be changed once the abstract is submitted

- Size

The size of the abstracts is limited to 350 words.

- Title

The title should clearly define the topic. Do not identify your institution in the title.

- Authors

The author's name should be written in first name and last name format.



20 – 23 September 2023

The Westin & Four Points Hotel
Pakuwon Indah, Surabaya





11th Annual Meeting of IOSMA 2023

Sports Medicine And Arthroscopy Practice : Comprehensive Approach

- Body of the Abstract

Please provide a structural abstract as follow: Introduction & Objectives, Materials & Methods, Results, and Conclusions.

- Submission Deadline

Deadline for abstract submission is August 20th 2023. Please submit your abstract by email to iossma2023@gmail.com



20 – 23 September 2023

The Westin & Four Points Hotel
Pakuwon Indah, Surabaya





REGISTRATION AND ACCOMMODATION INFORMATION

REGISTRATION FEE

All participants, including presenters of papers and presentation posters, must register as participants. Registration fees include access to all scientific classes, access to the exhibition, symposium kits, lunch, and a coffee break.

TYPE OF REGISTRATION

• REGISTRATION BY EMAIL

Participants must complete and submit the registration form as required. After the submission of the application is accepted, the participant then emails the payment receipt. The registration statement will be ignored after 14 days without payment. To get a registration form, contact the secretariat at +62 21 7254424 or +62 21 7229339. The completed registration form should be emailed to iossma2023@gmail.com

• ONSITE REGISTRATION

Those who have not registered in advance may register at onsite registration desk. Cash payment in Rupiah will be accepted during onsite registration. No refund will be made for onsite registration fees.

• ONLINE REGISTRATION

Make sure your internet connection is connected properly and sufficient to make the registration process. In the online registration process, it is highly recommended to use Firefox, Safari, or Chrome. IE is not recommended. Complete all the fields in the registration form, and make sure there are no missing fields. Complete the field on the form of payment with the same data on the registration form. Make sure there are no missing columns. If complete, continue the registration process by pressing the "Register" button. Next, you will receive a message to confirm the payment through the e-mail address you specify.

CONFIRMATION OF REGISTRATION

Upon receipt of the registration form and the appropriate fees of receipt and registration of the official confirmation will be sent. Please indicate the registration confirmation at the registration table to get the participant's identity and symposium kit.

CANCELLATION OF REGISTRATION

No Refund



20 – 23 September 2023

The Westin & Four Points Hotel
Pakuwon Indah, Surabaya





11th Annual Meeting of IOSMA 2023

Sports Medicine And Arthroscopy Practice : Comprehensive Approach

HOTEL POLICY

Due to the high demand for hotel rooms at the time of the congress, the committee strongly recommended early reservations. Hotel room reservation services depend on hotel room availability.

ROOM RATE

Hotel rooms at a special congress rate are being held for the congress participants at The Westin & Four Points Hotel Pakuwon Indah Surabaya. Room rates are in Rupiah, per night, and per room including breakfast for two persons. Reservations must be made through the congress secretariat to guarantee the indicated rate negotiates for the congress.

ACCOMMODATION REGULATION

1. The hotel room rate is net including 2 (two breakfasts).
2. Official Check-in time is at 15.00 and check-out is at noon local time.
3. Approval of early check-in and late check-out is the hotel's policy.
4. Reservations cannot be made without a full deposit of the number of nights booked based on room availability.
5. No-show will be applied on the first night of the delay and will result in a loss of 1 night's deposit.
6. For hotel services not included in the package, will be charged via personal account when check-out by the hotel

ACCOMMODATION OF CANCELLATION AND RETURNS

NO REFUND

PAYMENT by Bank Transfer

Registrant should bear all bank charges. Please send a copy of the transaction along with the registration to the Organizing Committee.

Bank Name	: BTPN Branch Menara BTPN Jakarta
Account Name	: IOSMA
Account Number	: 0537 3 004581
Swift Code	: SUNIIDJA



20 – 23 September 2023

The Westin & Four Points Hotel
Pakuwon Indah, Surabaya





11th Annual Meeting of IOSMA 2023

Sports Medicine And Arthroscopy Practice : Comprehensive Approach

REGISTRATION FORM

Academic Title : Prof Dr dr Specialist Other
 Full Name :
 Organization/Institution :
 Mailing Address :
 Country :
 Zip Code :
 Mobile Phone :
 Email :
 Sponsor :
 Mobile Phone :

Please Mark (√) on Symposium you choose

No	Participants	Registration Fee	
		Early Bird (Before June 2023)	Late Bird (After June 2023)
1	MEMBER	<input type="checkbox"/> IDR. 3.500.000	<input type="checkbox"/> IDR. 3.750.000
2	Non Member	<input type="checkbox"/> IDR. 4.500.000	<input type="checkbox"/> IDR. 5.000.000
Others			
3	Non Orthopedic Specialist	<input type="checkbox"/> IDR. 2.250.000	
4	GP/Resident	<input type="checkbox"/> IDR. 1.500.000	
5	Physiotherapist	<input type="checkbox"/> IDR. 1.500.000	
TOTAL		IDR.	

Please Mark (√) on Workshop you choose

No	Participants	Date	Registration Fee	
			Member	Non Member
1	Shoulder Cadaveric	September 20 th , 2023	<input type="checkbox"/> IDR. 9.000.000	<input type="checkbox"/> IDR. 11.000.000
2	Knee Cadaveric	September 21 st , 2023	<input type="checkbox"/> IDR. 11.500.000	<input type="checkbox"/> IDR. 15.000.000
3	Knee Injection	September 21 st , 2023	<input type="checkbox"/> IDR. 1.000.000	
TOTAL			IDR.	

CANCELLATION AND REFUND POLICY

NO REFUND

Bank Name : BTPN Branch Menara BTPN Jakarta
 Account Name : IOSMA
 Account Number : 0537 3 004581
 Swift Code : SUNIIDJA

Signature

Please quote the sender's name on the bank transfer statement.

THIS FORM TOGETHER WITH REQUISITEMENT PAYMENT AND/OR DOCUMENTATION SHOULD BE EMAILED TO SECRETARIAT

Phone: +62 21 7254424, +62 21 7229339, Desta (08111 332664 / 08111 662664 / 0818 920664)

Email: iossma2023@gmail.com



20 – 23 September 2023

The Westin & Four Points Hotel
 Pakuwon Indah, Surabaya



11th Annual Meeting of IOSMA 2023

Sports Medicine And Arthroscopy Practice : Comprehensive Approach

REGISTRATION FORM

Academic Title : Prof Dr dr Specialist Other
Full Name :
Organization/Institution :
Mailing Address :
Country :
Zip Code :
Mobile Phone :
Email :
Sponsor :
Mobile Phone :

Please Mark (√) on Sport & Health Science you choose

No	Participants		Registration Fee
1	Non Doctor	<input type="checkbox"/>	IDR. 100.000
2	General Practitioner	<input type="checkbox"/>	IDR. 250.000
3	Specialist	<input type="checkbox"/>	IDR. 500.000
TOTAL			IDR.

CANCELLATION AND REFUND POLICY

NO REFUND

Bank Name : BTPN Branch Menara BTPN Jakarta
Account Name : IOSMA
Account Number : 0537 3 004581
Swift Code : SUNIIDJA

Signature

Please quote the sender's name on the bank transfer statement.

THIS FORM TOGETHER WITH REQUISITEMENT PAYMENT AND/OR DOCUMENTATION SHOULD BE
EMAILED TO SECRETARIAT
Phone: +62 21 7254424, +62 21 7229339, Desta (08111 332664 / 08111 662664 / 0818 920664)
Email: iossma2023@gmail.com



20 – 23 September 2023

The Westin & Four Points Hotel
Pakuwon Indah, Surabaya



11th Annual Meeting of IOSMA 2023

Sports Medicine And Arthroscopy Practice : Comprehensive Approach

ACCOMMODATION FORM

Academic Title : Prof Dr dr Specialist Other
 Full Name :
 Organization/Institution :
 Mailing Address :
 Country :
 Zip Code :
 Mobile Phone :
 Email :
 Sponsor :
 Mobile Phone :

Please Mark (√) on Hotel you choose

No	Hotel	Tipe Kamar	Biaya Akomodasi
1	Hotel Four Points	Standard Room	<input type="checkbox"/> Rp 1.250.000
2	Hotel Westin Surabaya	Deluxe Room	<input type="checkbox"/> Rp 2.000.000
Check-in Date			Check-Out Date
Total			Total Night(s)
			IDR.

* TERM & CONDITION

- Hotel room rate is net including 2 (two) breakfast.
- Please note that official check in time is 15.00 local time and check out time is 12.00 local time.
- Approval of early check-in and late check-out is at discretion of the hotel.
- NO REFUND.
- For hotel services not included in the package, will be charged via personal account when check-out by the hotel.

Bank Name : BTPN Branch Menara BTPN Jakarta
Account Name : IOSMA
Account Number : 0537 3 004581
Swift Code : SUNIIDJA

Signature

Please quote the sender's name on the bank transfer statement.

THIS FORM TOGETHER WITH REQUISITEMENT PAYMENT AND/OR DOCUMENTATION SHOULD BE EMAILED TO SECRETARIAT
 Phone: +62 21 7254424, +62 21 7229339, Desta (08111 332664 / 08111 662664 / 0818 920664)
 Email: iossma2023@gmail.com



20 – 23 September 2023

The Westin & Four Points Hotel
 Pakuwon Indah, Surabaya





SPORT AND HEALTH SCIENCE

LIMITED FOR 100 PARTICIPANTS

- Specialist
IDR 500.000
- General Practitioner
IDR 250.000
- Physiotherapy/Coach/Sport Club Medical Team
IDR 100.000

A TO Z ABOUT ACL

SEPTEMBER 21st, 2023



LOCATION

- The Westin & Four Points Hotel Pakuwon Indah, Surabaya

SCAN ME



<https://bit.ly/RegistrasiSportandHealthScience2023>

MORE INFORMATION

- Debi (0813 6134 4472)
- Desta (08111 332664 / 08111 662664 / 0818 92066)
- iossmas2023@gmail.com

www.iossmas2023.com





SCHEDULE

TIME	PROGRAM	SPEAKER
08.00 - 08.15	Opening	
08.15 - 08.30	Role of Medical Team in Professional Sports Club / Team Approach	Abdul Jabbar Al Hayyan, MD
08.30 - 08.45	Peranan BPJSTK dalam Peningkatan Prestasi Atlet dan Cedera Olahraga	BPJS TK
08.45 - 09.00	Biomechanics of Knee Injury	Irfiansyah Irwadi, MD
09.00 - 09.15	ACL Reconstruction: Single vs Double Bundle	Bobby N. Nelwan, MD, PhD
09.15 - 09.30	Radiological Assessment in ACL Injury	Paulus Rahardjo, MD
09.30 - 09.45	Q & A	
09.45 - 10.00	Coffee Break	
10.00 - 10.15	Principles of ACL Injury Rehabilitation and Its Protocols	Rumaisah Hasan, MD
10.15 - 10.30	Daily Modalities & Evaluation in ACL Injury Rehabilitation	Asep Aziz
10.30 - 10.45	Physical & Psychological Criteria for Return to Sport after ACL Injury	Rika Haryono, MD, PhD
10.45 - 11.00	Graft Healing in ACL Reconstruction	Gede Chandra Purnama Yudha, MD
11.00 - 11.15	Clinical Nutrition to Support Athlete with ACL Injury	Prof. R. Bambang W, MD, PhD
11.15 - 11.30	Q & A	
11.30 - 12.00	Closing	





11th ANNUAL MEETING OF IOSSMA 2023

Sports Medicine And Arthroscopy Practice : Comprehensive Approach

LIMITED SEATS

FOR 24 PARTICIPANTS

MEMBER | IDR 9.000.000

NON - MEMBER | IDR 11.000.000

SHOULDER CADAVERIC WORKSHOP

DIAGNOSTIC SETUP

SUBACROMIAL DECOMPRESSION

BANKART REPAIR

INSTRUCTOR

- Permana Yudhadibrata, MD
- Didi Hertanto, MD
- Ida Ayu Ratna Dewi Arrisna Artha, MD
- Ronny Sutanto, MD
- Gede Chandra Purnama Yudha, MD
- Hanif Fahmat, MD
- Iman W. Aminata, MD



September 13th 2023

- Online Lecture Shoulder (zoom)

September 20th 2023

Shoulder Cadaveric Workshop



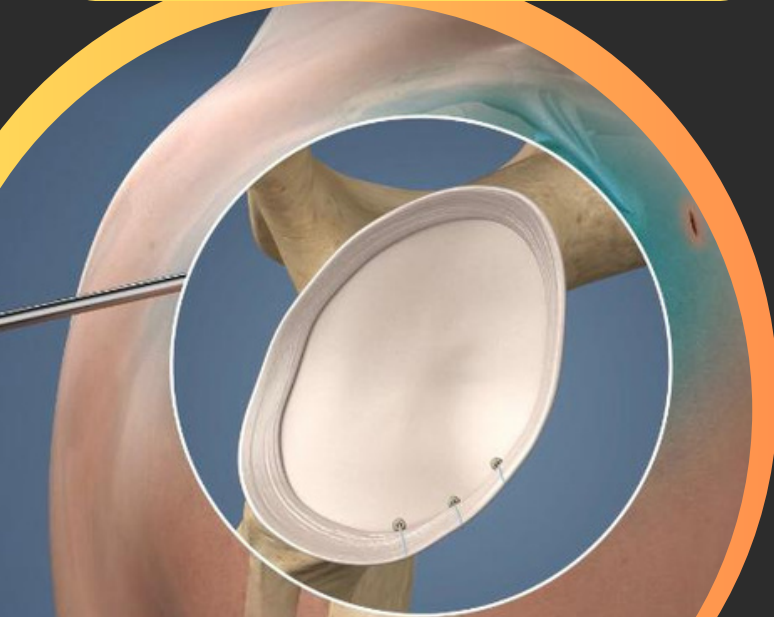
LOCATION

Anatomy Laboratory (ASAD-C Building) Campus A, Medical Faculty Airlangga University

MORE INFORMATION

- Debi (0813 6134 4472)
- Desta (08111 332664 / 08111 662664 / 0818 920664)
- iossma2023@gmail.com

www.iossma2023.com





11th ANNUAL MEETING OF IOSSMA 2023

Sports Medicine And Arthroscopy Practice :
Comprehensive Approach

SCHEDULE

ONLINE PRE COURSE LECTURE

Zoom Meeting  | Wednesday, September 13th 2023

TIME

PROGRAM

INSTRUCTOR

10.00 - 12.00

Shoulder basic arthroscopy set up and
Bankart repair

Iman W. Aminata, MD

Wednesday, September 20th 2023

Anatomy Laboratory (ASAD-C Building) Campus A,
Medical Faculty Airlangga University

TIME

PROGRAM

INSTRUCTOR

07.00 - 08.00

Transportation from Hotel to Venue Workshop

08.00 - 08.45

Registration

08.45 - 09.00

Briefing and Preparation

09.00 - 09.10

Welcome Speech Chairman & Course Director

09.10 - 12.30

Shoulder Workshop Group 1 (6 Cadaver)

- Diagnostic Setup

- Subacromial Decompression

- Bankart Repair"

Permana Yudhadibrata, MD

Didi Hertanto, MD

Ida Ayu Ratna Dewi Arrisna Artha, MD

Ronny Sutanto, MD

12.30 - 13.30

ISHOMA

Gede Chandra Purnama Yudha, MD

13.30 - 17.00

Shoulder Workshop Group 2 (6 Cadaver)

- Diagnostic Setup

- Subacromial Decompression

- Bankart Repair"

Hanif Fahmat, MD

17.00

Finish Day 1 Workshop





11th ANNUAL MEETING OF IOSSMA 2023

Sports Medicine And Arthroscopy Practice : Comprehensive Approach

LIMITED SEATS

FOR 24 PARTICIPANTS

MEMBER | IDR 11.500.000

NON - MEMBER | IDR 15.000.000

KNEE CADAVERIC WORKSHOP

DIAGNOSTIC

DEBRIDEMENT

ACL RECONSTRUCTION

INSTRUCTOR

- I Wayan Murjana, MD
- Nadia Nastassia Ifran, MD
- Meiky Fredianto, MD
- Wahyu Riansyah, MD
- Alvin Danio Harta Da Costa, MD
- M. Pramana Khalilul Harmi, MD
- Jafri Hasan, MD



September 13th 2023

- Online Lecture Knee (zoom)

September 21st 2023

Knee Cadaveric Workshop



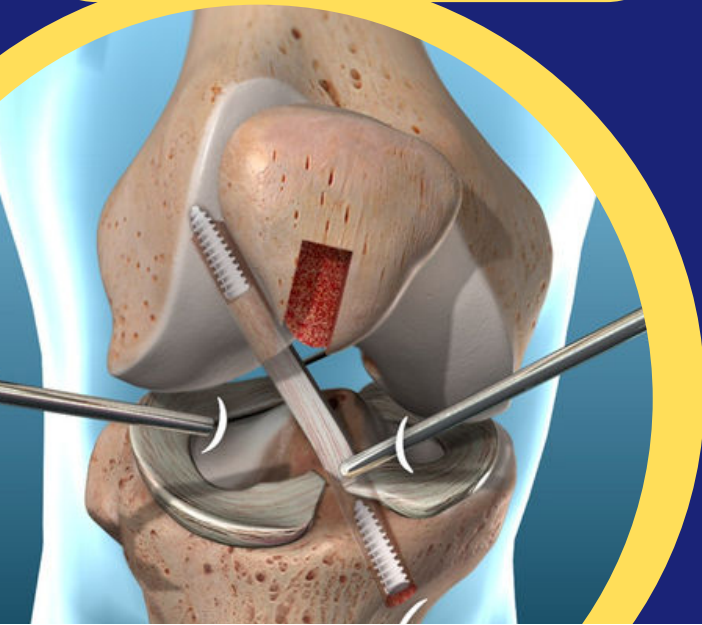
LOCATION

Anatomy Laboratory (ASAD-C Building) Campus A , Medical Faculty Airlangga University

MORE INFORMATION

- Debi (0813 6134 4472)
- Desta (08111 332664 / 08111 662664 / 0818 920664)
- iossmma2023@gmail.com

www.iossmma2023.com





11th ANNUAL MEETING OF IOSSMA 2023

Sports Medicine And Arthroscopy Practice :
Comprehensive Approach

SCHEDULE

ONLINE PRE COURSE LECTURE

Zoom Meeting  | Wednesday , September 13th 2023

TIME

PROGRAM

INSTRUCTOR

12.00 - 14.00

Knee Arthroscopy : How to do ACL
Reconstruction

Jafri Hasan, MD

Thursday, September 21st 2023

Anatomy Laboratory (ASAD-C Building) Campus A ,
Medical Faculty Airlangga University

TIME

PROGRAM

INSTRUCTOR

07.00 - 08.30

Transportation from Hotel to Venue Workshop

08.30 - 08.45

Registration Knee Cadaveric Workshop

08.45 - 09.10

Briefing and Preparation

09.10 - 09.20

Welcome Speech Chairman & Course Director

09.20 - 12.10

Knee Cadaveric Workshop Group 1

- Diagnostic
- Debridement
- ACL Reconstruction

I Wayan Murjana, MD

Nadia Nastassia Ifran, MD

Meiky Fredianto, MD

Wahyu Riansyah, MD

12.10 - 13.30

ISHOMA

13.30 - 17.00

Knee Cadaveric Workshop Group 2

- Diagnostic
- Debridement
- ACL Reconstruction

Alvin Danio Harta Da Costa, MD

Muhammad Pramana Khalilul Harmi, MD

17.00

Finish Day 2 Workshop





11th ANNUAL MEETING OF IOSSMA 2023

Sports Medicine And Arthroscopy Practice : Comprehensive Approach

FOR GP AND SPECIALIST

FOR 36 PARTICIPANTS

IDR 1.000.000

KNEE INJECTION WORKSHOP



INSTRUCTOR

- Ronald Vinantius Munthe, MD
- Erwin Yulianto, MD
- Petrasama, MD
- Only One Taylor, MD
- Adisa Yusuf Reksoprodjo, MD
- Essy Dwi Damayanthi, MD

September 13th 2023

- Online Lecture Knee (zoom)

September 21st 2023

Knee Injection Workshop



LOCATION

Anatomy Laboratory (ASAD-C Building) Campus A , Medical Faculty Airlangga University

MORE INFORMATION

- Debi (0813 6134 4472)
- Desta (08111 332664 / 08111 662664 / 0818 920664)
- iossma2023@gmail.com

www.iossma2023.com





11th ANNUAL MEETING OF IOSSMA 2023

Sports Medicine And Arthroscopy Practice :
Comprehensive Approach

SCHEDULE

ONLINE PRE COURSE LECTURE

Zoom Meeting  | Wednesday , September 13th 2023

TIME

PROGRAM

INSTRUCTOR

14.00 - 15.00

Knee Injection : How to do it

Essy Dwi Damayanti, MD

Thursday, September 21st 2023

Anatomy Laboratory (ASAD-C Building) Campus A ,
Medical Faculty Airlangga University

TIME

PROGRAM

INSTRUCTOR

06.00 - 06.30

Transportation from Hotel to Venue Workshop

Ronald Vinantius Munthe, MD

06.30 - 06.45

Registration Knee Injection Workshop

Erwin Yulianto, MD

06.45 - 07.00

Briefing and Preparation

Petrasama, MD

07.00 - 07.10

Welcome Speech Chairman & Course Director

Only One Taylor, MD

07.10 - 08.10

Knee Injection Workshop Group 1

Adisa Yusuf Reksoprodjo, MD

08.10 - 09.00

Knee Injection Workshop Group 2

Essy Dwi Damayanthi, MD

09.00

Finish Knee Injection Workshop





11th Annual Meeting of IOSSMA 2023
INDONESIAN ORTHOPEDIC SOCIETY
FOR SPORTS MEDICINE AND
ARTHROSCOPY



Indonesian Orthopedic Society
for Sports Medicine and Arthroscopy
(IOSSMA)

Gedung Menara Era, Lantai 8, Unit 8-04
Jl. Senen Raya No. 135 - 137, Senen, Jakarta Pusat 10410
Phone : 021 7254424 / 7229339 Fax: 021 7396261
Contact : Debi (0813 6134 4472)
E-mail : iossma2023@gmail.com

"Sports Medicine and Arthroscopy Practice : Comprehensive Approach"

The Westin & Four Points Hotel Pakuwon Indah Surabaya

20th - 23rd September 2023